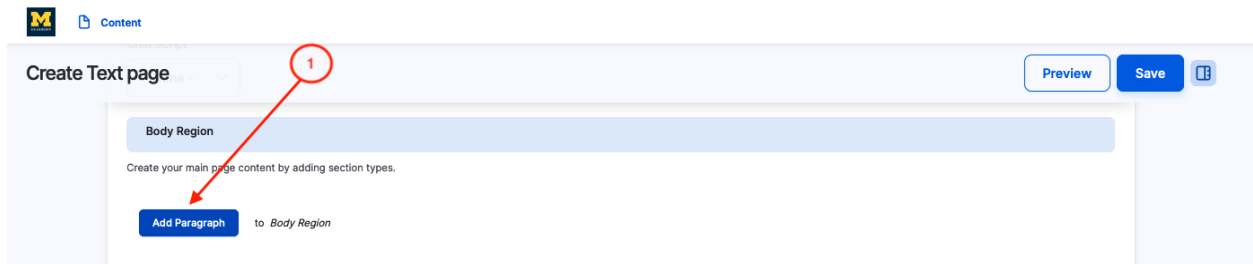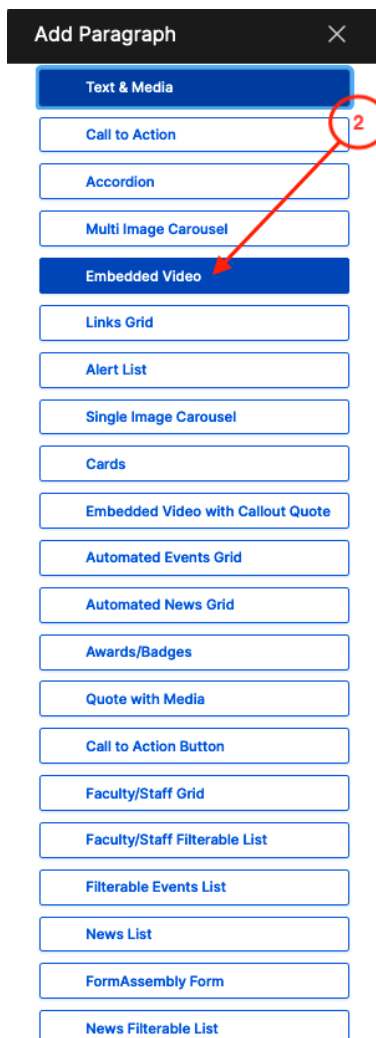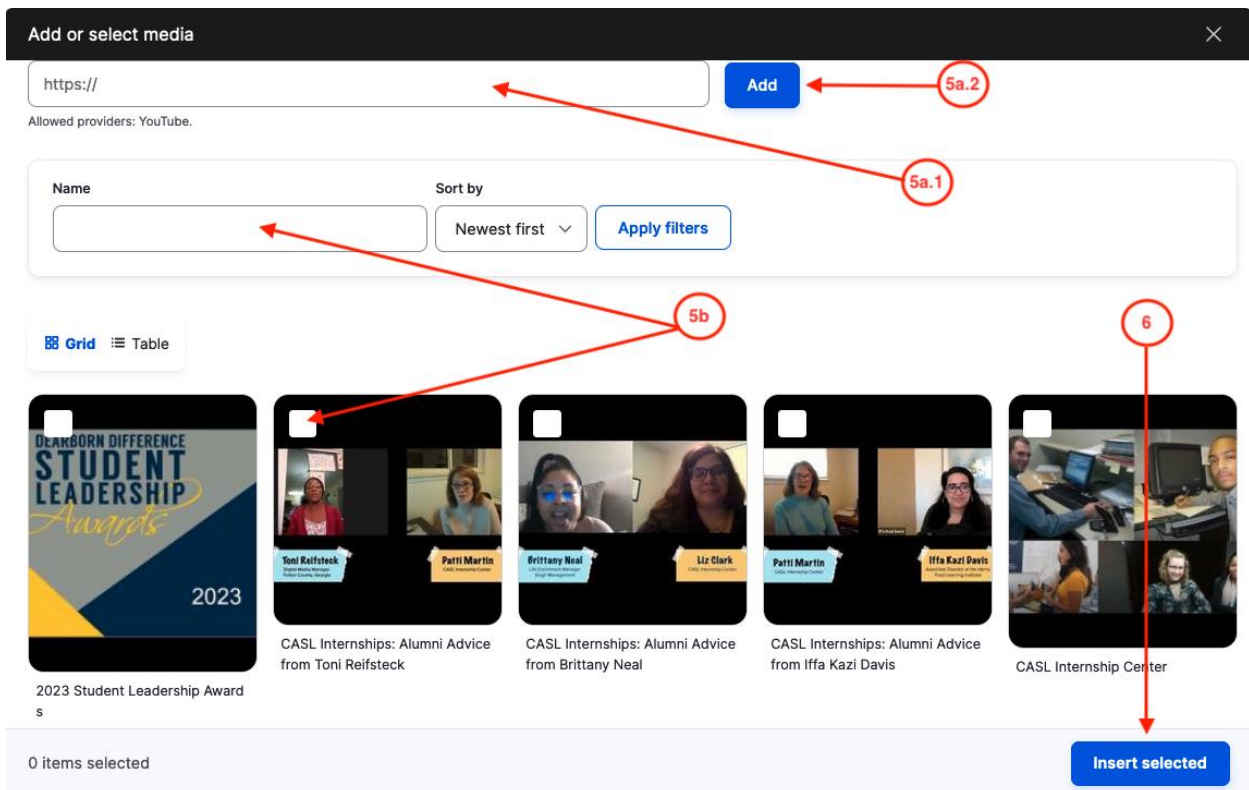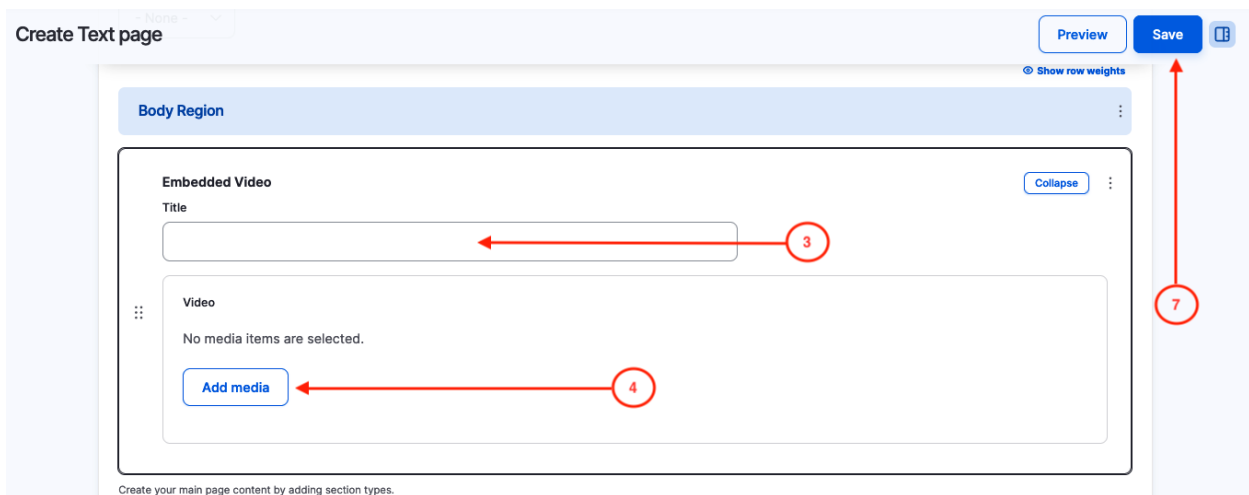# Embedded Video

On a Text Page, to add the Paragraph element 'Embedded Video':

1. Click 'Add Paragraph' button.

2. Click 'Embedded Video'

3. Type 'Title' to appear above video (optional).

4. Click 'Add media' button.

5. Select a video either from YouTube (5a) or from the Media Library (5b)

    5a.1   Type (or paste) the YouTube URL
    5a.2   Click 'Add' button

5b   Select video from Media Library by typing or browsing for the video. Click the box to select the video

6. Click 'Insert selected' button

7. Click 'Save' button.